

# Pattern Weights

1. Using template cut 18cm x 9cm rectangles of fabric for each pattern weight.



2. With RIGHT side together fold rectangle in half to create a square. Using a 1cm seam, stitch along TWO sides pivoting at the corner.



3. Turn to right side and fold 1cm hem to inside around open edge.



4. Fill each weight with RICE. I use a mini measure of rice in each weight.



5. Pin or clip the open edges together creating a pyramid shape by matching the seam to the middle to the open edge.



6. Stitch the opening closed. This can be tricky.... Move the needle to the left if you can or, use a zipper foot.



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